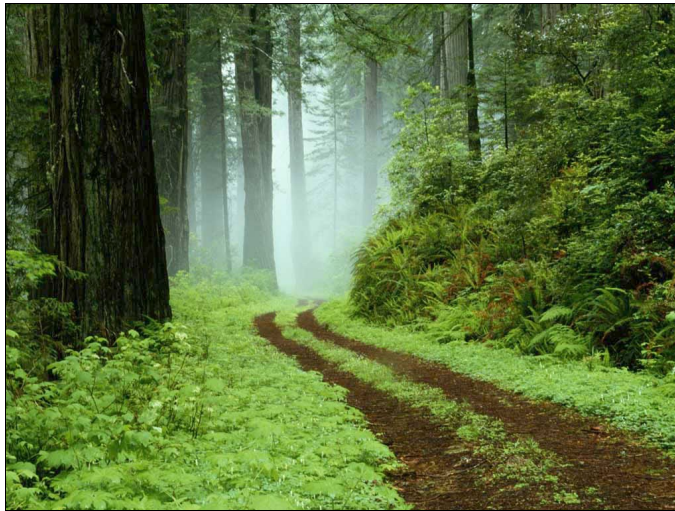


Oncology Department .
Mustard Tree Education.

Pathfinders 1

Cancer information Programme for
patients and carers



The *Pathfinders* Programme helps cancer patients and their carers navigate their way through:

- Tests & treatment
- Terms & their meanings
- Self help & getting support
- How the system works
- Helping yourself to feel better

If you want to know more about the illness and treatment or how to get help and support come along and learn more

Sessions

1. Understanding cancer and the cancer journey
2. How is cancer treated and what are the common side effects
3. Coping with side effects and keeping healthy whilst on treatment
4. Asking questions & getting help
5. Caring and supporting someone who has cancer

Venue: The Mustard Tree Education Room Level 3 Derriford
Day Mondays & Fridays

Bookings via Samantha Smith email samantha.smith16@nhs.net
Or Phone 01752 431468 to book or enquire

